

Orders and Pick-up

The stall is a place where you can meet people, get information, get involved as a volunteer, and most of all, where you can pick up your pre-ordered fresh produce and groceries box and buy additional products.

Pick-up happens **every Tuesday from 4:30-7:00pm** at the old church in **3 Morgan st, Newcastle East**

range of foods and products:

weekly boxes of seasonal organic fruit & vegetables

fresh produce: milk, feta cheese, eggs, olives

bread: kamut, spelt, rye, wholemeal, multigrain, hi fibre, fruit

dried goods: fruit, nuts, flours, grains, oils, sprouting seeds/pulses, sea salt, sugar, seeds/plants...

others: soap, preserves...

box price: \$15.00 full/ \$ 13.00 concession

ordering: at the stall or via sms/ voice msg. 0431 995 312 by 7pm Tuesday (for the following Tuesday)

payment: by cash at the stall each week in advance for the following week

* If you are unable to collect pre-ordered produce, please call **0431 995 312** before 7pm on Tuesday. We may be able to arrange another time/place. We don't have any produce storage space so all boxes that don't get picked up will be donated (without a refund) to a volunteer, Penola House or another community organisation.



Contact details

PO Box 87, Islington, NSW 2293

0431 995 312

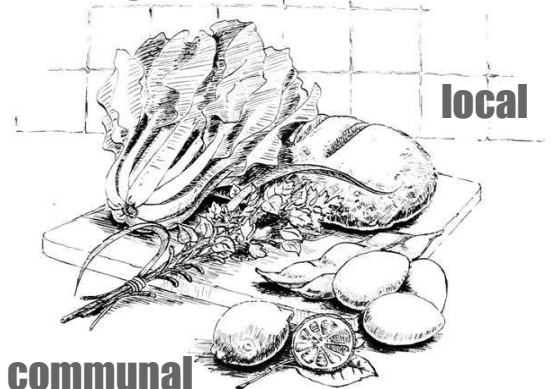
info@beanstalk.org.au

www.beanstalk.org.au



member guide 2009

organic



communal

the beanstalk organic food is a not-for-profit community organisation dedicated to supplying the community with ethically grown and affordable local organic produce. We are working towards a Community Supported Agriculture system where farmers are paid the "real" cost of growing food.

beanstalk is committed to the long term ecological and social future of the Hunter Valley through the close support and promotion of sustainable agricultural methods. We develop connections between local food producers, consumers and the earth that supports us all.

Our objectives

1. To develop direct links between the sustainable organic farming communities and the urban communities of the Hunter Valley.
2. To offer farmers fair prices and support them through difficult periods.
3. To build consumer awareness of sustainable agriculture and empower the community to consume ethically.
4. To minimise resource consumption and packaging.
5. To foster community skill sharing.
6. To create a viable and sustainable community.

Membership

beanstalk was established four years ago by three friends who were concerned about the lack of access to healthy and safe food for the community. From its humble beginnings on a veranda to its current location in Hamilton the organisation has flourished. Our more than 100 members now have access to affordable, healthy and local produce and we support many local organic farmers each week.

the beanstalk organic food plans to foster a feeling of community with local farm tours, seasonal social events and cooking classes. As a not for profit community organisation we encourage our members to volunteer their time and skills to ensure that the work is divided and the beanstalk can thrive and grow.

Management Committee meetings are held **every second Thursday at 6:00pm** at the Lass O'Gowrie Wickham. All members are welcome to be part of this platform where management issues, visions and ideas are discussed.

Membership subscriptions are due at the beginning of each year. Amount owing is \$40 for waged and \$25 for unwaged. You have a period of 3 weeks to pay the fee before you then become a non-member.

	Yearly	Half yearly July-Dec
full:	\$40.00	\$20.00
concession:	\$25.00	\$12.50

If you are unable to pay the full amount please feel free to talk to one of the co-ordinators and an arrangement (via the management meeting) can be made.

How we operate







beanstalk's fresh produce is distributed in boxes. A regular box contains a fine selection of locally grown organic fruit and vegetables. The produce in our boxes is most often picked that very morning! We also offer eggs, stoneground sourdough breads, and other organic grocery items.

For **beanstalk** to be able to operate, the skills and time of our members are essential. We have one paid position, the stall co-ordinator, but there are lots of other volunteer tasks to be fulfilled.

Members donate their time and skills making sure that **beanstalk** keeps on ticking each week.

To ensure that **beanstalk** continues to supply wholesome food to the community and support our local farmers **we encourage you to volunteer** in whatever way you'd like. Volunteering hours is up to you. Email info@beanstalk.org.au or talk to Kristina at the stall on Tuesdays from 4:30 to 7 pm.

People are always needed to do things like

-  Tuesday afternoon set-up and close down (1 hour each week);
-  distribution and ordering (4 hours each week);
-  newsletter articles (as long as you like);
-  beancounter / cashier (4 hours a week);
-  management;
-  event organiser

Tell us what skills you have to offer... there's always a task that requires your skills!

Volunteer efforts are recognised by a free box every month, or more, depending on your contribution